

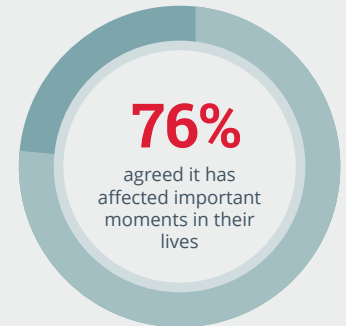
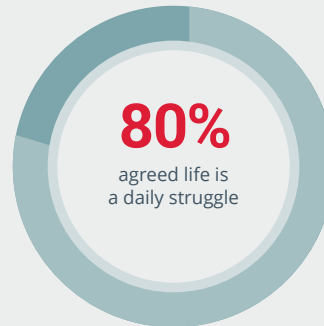
KNOW NARCOLEPSY® SURVEY

New survey sheds light on the impact of narcolepsy, highlighting the need for increased education and new treatment options.

The information shown below is based on a three-party survey of 1,654 U.S. adults including those with narcolepsy (n=200), the general public (n=1,203), and physicians (n=251) currently in clinical practice who have treated patients with narcolepsy in the last two years. The survey was conducted online in March, April and August 2018, respectively, by Versta Research on behalf of Harmony Biosciences, LLC. The Narcolepsy Network collaborated on the patient survey.

Often misunderstood and misdiagnosed, narcolepsy impacts a person's daily functioning and social well-being.

Of people living with narcolepsy surveyed:



Yet, **78%** of the general public surveyed agreed they had no idea what it must be like to live with narcolepsy, which impacts up to 200,000 Americans.

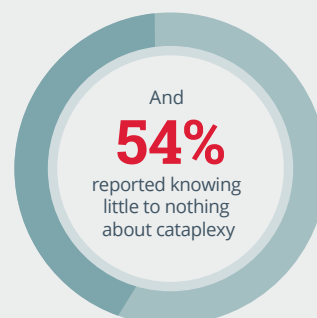
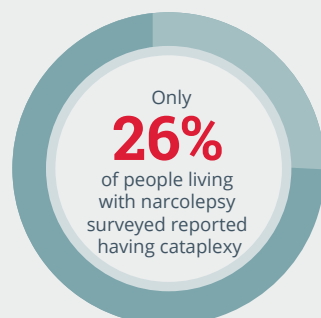
The survey also highlighted the complexity of the disorder and challenges in symptom recognition and diagnosis.

People may spend years living with symptoms prior to being diagnosed with narcolepsy, and the journey to diagnosis can be long and complex.



Four out of 10 people living with narcolepsy surveyed reported being **initially misdiagnosed** with another condition.

According to literature, about **two-thirds** of people living with narcolepsy have **cataplexy**, a sudden and brief loss of muscle strength or tone, often brought on by emotions or situations.



People living with narcolepsy surveyed cited the behavior and perceptions of other people as being among the biggest challenges of living with the disorder.

72% reported that they avoid telling people they have narcolepsy, and when they do, two-thirds agreed they believe people are skeptical.



Among people living with narcolepsy surveyed:



68%

reported they believe others thought they did not really have narcolepsy



67%

reported they believed others thought they used narcolepsy as an excuse not to work or do other things



1 in 4

reported they have been fired from a job or demoted because of problems related to narcolepsy



37%

reported having failed a class at school or withdrawing entirely because of symptoms of narcolepsy

Those surveyed agreed the entertainment media portrayal of narcolepsy contributed to misperceptions about the causes, symptoms and impact of the disorder.



84%

of physicians and 74% of people living with narcolepsy surveyed agreed social media and the entertainment industry have a distorted view of the disorder



Over 2/3

of the general public surveyed agreed that people do not take narcolepsy seriously



29%

of the general public surveyed reported having seen, read, or heard somebody make light of narcolepsy or make a joke about it

Even with treatment, people living with narcolepsy continue to feel the impact of their symptoms. The survey underscored the need for new treatment options to address the challenges and unmet needs of people living with narcolepsy.

Of people living with narcolepsy surveyed:



93%

expressed frustration with current treatment options



Only 1 in 8

(12%) agreed their narcolepsy symptoms are completely or mostly under control



94%

agreed that new treatment options are needed